

19 Things That Matter Most

1. Success is more than just making money. Success is what you value personally.
2. Life is hard and not always fair. It's how you recover from the knocks that count.
3. Life is fun and we are extremely funny. Don't take yourself seriously, because no-one else does.
4. We live by choice not by chance. Luck doesn't build character.
5. You're free to choose your attitude.
6. Good habits are the key to success.
7. Have an attitude of gratitude. Being thankful is a habit – and it's the best one you can ever have.
8. Good People build a life on a foundation of respect
We show it in 4 ways;
 - I. Manners
 - II. Language – Only gracious words come from the wise
 - III. Honour the rules – show respect in all it's forms
 - IV. Appreciate differences
9. Honesty is the best policy. Under promise and over deliver.
10. Kind words cost little but accomplish much. Everyone likes affirmation.
11. Real motivation comes from within. Just do it!
12. Goals are dreams with timelines. Articulate goals and write them down. As soon as you have clarity you have power.
13. NEW FLASH! There is no substitute for hard work.
Work and fun are not exclusive
14. Sacrifice. Give up something to get something. Have a philosophy that says, "you really can't have it all; at some point it will cost you something to get somewhere etc."

15. Successful people don't find time, they make time. Don't waste your time, invest it.
16. No one else can raise your self esteem
Be consistent in 4 areas;
 - I. Be kind
 - II. Be honourable – integrity is high self esteem
 - III. Be productive
 - IV. Be proactive not reactive
17. There is a spiritual journey you will need to explore. Live with Mind, Body and Spirit as one.
18. It's OK to fail and feel OK about it....Failure is an event, not a lifestyle or a person.
19. Life is simple when we know what is essential; learn to de-clutter your life.
6 important points;
 - I. Choose a good attitude and be thankful
 - II. Love yourself, love others
 - III. Master integrity
 - IV. Accept difficulties and challenges of life
 - V. Have a passion to learn
 - VI. Enjoy life...laugh at yourself

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“Life Skills for Life”

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